Percutaneous Treatment of Mitral Valve Periprosthetic Leakage. An Alternative to High-Risk Surgery?

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INTRODUCTION

The presence of paravalvular leaks following valve replacement surgery is not an uncommon complication (2%-17%, according to the series)\(^1,2\) that depends on the suture technique, and is more frequent when there is severe annular calcification or following endocarditis. In the majority of cases, these periprosthetic leaks are small and have no clinical consequences, but on some occasions, they produce severe hemolysis that requires repeated transfusions or, if they are too large, heart failure refractory to medical treatment. In some of these patients, surgical treatment is associated with very high rates of morbidity and mortality, which increase depending on the number of previous surgical procedures.\(^3,5\) Percutaneous closure may be an alternative for the symptomatic improvement of these patients.

METHODS

Eight patients were included (75% men; mean age, 63.7 [23.7] years) between November 2002 and February 2007. Their baseline characteristics are shown in Table 1. They were all evaluated jointly with the cardiac surgery department and a further intervention was ruled out because of the high surgical risk. The indication for the procedure...
In all the cases in which the leak was catheterized, a sheath was introduced antegradely and the Amplatzer occluder for ductus arteriosus (AGA Medical, Minnesota, United States) was placed (Figure 1B). The sizes ranged between 4/6 mm and 14/16 mm. The selection was made according to the criteria of the operator on the basis of the size of the base of the leak, as observed with TEE. In 4 cases, a single device was used and, in 1 patient, 3 were placed during a single procedure (Table 1). Mitral regurgitation was assessed using TEE immediately after device implantation (mild, moderate, or severe, depending on the area according to color Doppler and continuous wave spectral Doppler). All patients underwent clinical and echocardiographic follow-up.

**RESULTS**

A single procedure was performed in every case and was successful in 5 patients. The implantation was not possible in 2 of them because of interference with the discs of the prostheses. Of these, in 1, the interference persisted even when the smallest size
was employed and, in the other, who had a very wide leak, the attempt was made with a device immediately inferior in size, but it continued to block the prosthesis and did not appear to be stable; thus, a repeated attempt was ruled out. The third failure occurred in a patient with severe hemolysis, a small leak and a double metallic mitral and aortic prosthesis. Device placement for the mitral leak was not possible, despite the fact that the patient tolerated adequately the retrograde passage to left ventricle through a metallic aortic prosthesis.

Of the 5 patients in which the devices were implanted correctly, a decrease in mitral regurgitation was observed immediately by means of TEE in 4 of them (Figure 2), which was maintained in transthoracic echocardiographic (TTE) monitoring during follow-up. In 1 patient in whom no significant immediate changes were observed, improvement in mitral regurgitation from severe to moderate was confirmed by serial TTE during follow-up, with accompanying clinical improvement.

In the 2 patients (6 and 7) with anemia in whom the device was implanted correctly, the lactate dehydrogenase concentration improved, with no significant change in the hemoglobin levels. Both had chronic renal failure and one of them had recurrent gastrointestinal hemorrhages secondary to colonic diverticulosis, which required blood transfusions.

Of the 5 patients in which the initial results were successful, 1 died 22 days after the procedure. He was a patient with multiple organ failure who, despite the significant improvement in the mitral regurgitation (from severe to mild), he died of septicemia of respiratory origin. Patient 7 died 3 years later of gastrointestinal complications, although improvement in the mitral regurgitation had been observed during follow-up. Three patients are alive after a mean follow-up of 15 (5) months, with improvement in the dyspnea functional class in all of them and a decrease in the degree of mitral regurgitation (Table 2).

Of the 3 patients in whom implantation of the device was not achieved, 1 died a few hours later of a severe stroke, despite adequate anticoagulation during the procedure (patient 1). The second patient was reevaluated and the decision was finally made to assume the risk of a new surgical intervention (patient 5). After 36 months of follow-up, he is in dyspnea function class I. The last patient, in whom the only indication was hemolytic anemia, improved progressively with the administration of erythropoietin (patient 8).

**DISCUSSION**

Although surgery continues to be the technique of choice for the repair of periprosthetic leaks, the rate of mortality increases with the number of previous interventions, being 13%, 15%, and 37% after the first, second, and third intervention, respectively.
Thus the current classifications of surgical risk tend to underestimate the risk in these patients.1

Percutaneous closure of periprosthetic leaks was described for the first time by Hourihan et al6 in 1992. These authors successfully closed 2 paravalvular leaks around a prosthetic aortic valve using the Rashkind double umbrella device. Since then, isolated cases of closures of mitral valve leaks with coils7-9 and with the CardioSEAL Clamshell® (Nitinol Medical Technologies, Boston, Massachusetts, USA) have been reported and, in the most recent series, with Amplatzer occluders.9-14

The results of these series show that the implantation of the device is feasible in a high percentage of patients and that, although it rarely closes the defect completely, it produces a significant decrease in the degree of mitral regurgitation and improvement of the symptoms. This is probably due to the fact that, at least in the large defects, the feasibility of complete closure is limited because of their semilunar shape. Thus, specific designs for defects of this type would be convenient in order to increase the incidence of complete closure of the leaks. Among the devices currently available, the Amplatzer duct occluder is perhaps the most suitable one because of its form,15,16 with a large enough distal disc to support the left ventricular pressure and with a lower probability of interfering with the valve prosthesis.

In their series, Hein et al15 observed a worsening of the hemolysis in 45% of their patients, probably in relation to the incomplete closure of the leak. In our series, in the 2 patients in whom the indication was heart failure and hemolysis, a decrease in the latter was observed. With the current data,11,13,14 we consider it necessary to be cautious when the indication is hemolysis alone.

Although our series includes few patients to allow us to draw conclusions concerning its effectiveness, percutaneous closure is technically possible and can improve the degree of mitral regurgitation and the symptoms in those patients considered to be of high surgical risk.

REFERENCES